Grocery List

Store _____ **Date** _____

Produce

- [ ] Apples
- [ ] Bananas
- [ ] Berries
- [ ] Lettuce / greens
- [ ] Tomatoes
- [ ] Onions
- [ ] Potatoes
- [ ] Carrots
- [ ] _____
- [ ] _____
- [ ] _____

Meat and seafood

- [ ] Chicken
- [ ] Ground beef
- [ ] Fish
- [ ] _____
- [ ] _____

Dairy and eggs

- [ ] Milk
- [ ] Eggs
- [ ] Butter
- [ ] Cheese
- [ ] Yogurt
- [ ] _____
- [ ] _____

Bakery and bread

- [ ] Bread
- [ ] Tortillas
- [ ] Bagels
- [ ] _____

Pantry

- [ ] Pasta
- [ ] Rice
- [ ] Canned tomatoes
- [ ] Beans
- [ ] Cereal / oats
- [ ] Peanut butter
- [ ] Oil
- [ ] Spices
- [ ] _____
- [ ] _____
- [ ] _____

Snacks and drinks

- [ ] Crackers
- [ ] Chips
- [ ] Coffee / tea
- [ ] Juice
- [ ] _____
- [ ] _____

Frozen

- [ ] Vegetables
- [ ] Fruit
- [ ] Pizza
- [ ] _____
- [ ] _____

Household

- [ ] Paper towels
- [ ] Toilet paper
- [ ] Dish soap
- [ ] Laundry detergent
- [ ] Trash bags
- [ ] _____
- [ ] _____

Personal care and pharmacy

- [ ] Toothpaste
- [ ] Shampoo
- [ ] Vitamins
- [ ] _____
- [ ] _____

Other

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

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