Babysitter Information

Parents' names _____ **Date / time out** _____

Where we'll be _____ **Expected back** _____

Parent 1 mobile _____ **Parent 2 mobile** _____

Home address _____ **Wi-Fi password** _____

Emergency: call 911 first, then call us. Poison Control: 1-800-222-1222

Backup contacts

Name	Relationship	Phone

About the kids

	Child 1: [Name], age [ ]	Child 2: [Name], age [ ]
Allergies		
Medications		
Medical notes		
Dinner / snacks		
Bedtime		
Bedtime routine		
Comfort items		
Screen time allowed		

Pediatrician _____ **Nearest hospital** _____

First aid kit location _____ **Fire extinguisher location** _____

House rules

- [ ] Don't open the door to anyone we haven't mentioned
- [ ] No visitors without permission
- [ ] Kids may not go outside after dark
- [ ] Pets: [feeding / letting out instructions]
- [ ] _____
- [ ] _____